

EVIDENCE BASED

# Free Parent Program

Co-Developed with Families for Families

ENVISAGE is a peer program designed for parents & caregivers raising children aged 0-8 with a disability, developmental concerns, or who are neurodiverse.


The program is designed to help you:

- Feel more **confident and competent** in making decisions for your family
- Discover **practical, evidence-based strategies** to help you better understand and advocate for your child's needs.
- **Connect with others** who may be on similar journeys and share experiences





## How does the program work?

All workshops are **interactive**, combining presentations with in-depth group discussions and practical exercises.

 5 x Weekly Workshop Sessions



 Up to 90 minutes per workshop

 Facilitated by a qualified professional from **Royal Children's Hospital** and a Parent Peer from **Association of Children with a Disability (ACD)**

 No cost to you. Your child does not need a NDIS plan or diagnosis to participate.

## Upcoming online programs

 Wednesday Weekly Sessions  
12 Feb - 12 Mar  
 10am-11:30am  
[Click here](#) to register

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 Thursday Weekly Sessions  
13 Feb - 13 Mar  
 10am-11:30am  
[Click here](#) to register

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 Tuesday Weekly Sessions  
18 Feb - 18 Mar  
 7:30pm-9pm  
[Click here](#) to register